



1. Fix the 2 wooden spacers on the back side of the Wall bars.
2. Place the unit against the wall and verify the sides are vertical.
3. Mark the location of the holes
4. After marking the four mounting holes, remove the Stall Bar from the wall.
5. Insert the anchors into the holes, open end facing out.
6. Place the Wall Bar on the wall and insert the lag screw through the washers, Wall Bars and into the anchors. Turn the screws only a few turns.
7. Before using test th unit for safety.



 **Important: Check if the wallbar is well fixed on the wall.**

You can see online the wall bar montage :  
[http://www.youtube.com/watch?v=ZAnCB3chs&feature=player\\_embedded](http://www.youtube.com/watch?v=ZAnCB3chs&feature=player_embedded)

For further details, please contact us :  
<http://www.artimexsport.com>